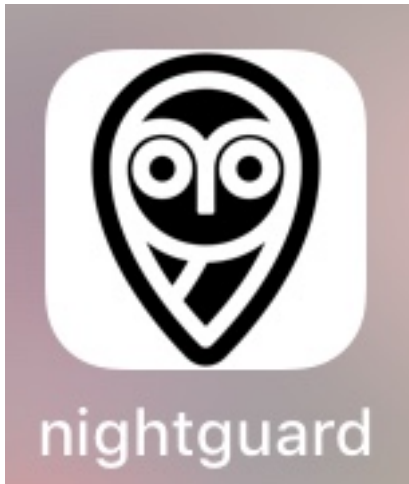
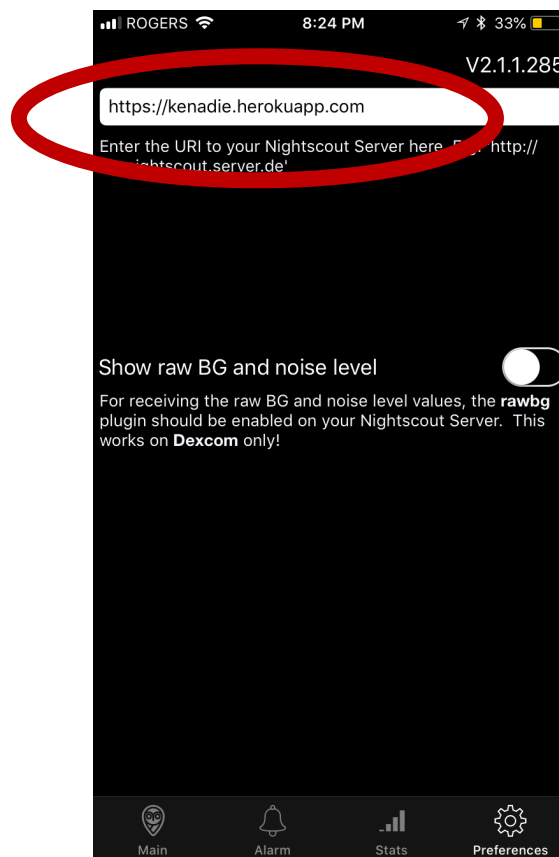


How to get Kenadie's BGs to show up on an iPhone and/or Apple watch...
You will need to install the Nightguard app on your iPhone (free).



Then, open the Nightguard app on your iPhone, click the "Preferences" icon at the bottom.

Connect to Kenadie's website by entering her URL: <https://kenadie.herokuapp.com>



You can access this website using a browser on a PC, Mac, iPod, iPad, etc. NOTE: your phone and watch need to be within 20' to continue working together.

To view Kenadie's blood sugars on your Apple watch, simply install Nightguard through the Apple Watch app on your iPhone.